

# PINE PATTERN

Issue 1  
March 2009

Charity Partner  
of  
Sainsbury's  
Olympia

## Statistics

- Projected 51% increase in number of people within East Kilbride who have dementia.
- Projections estimate increase from between **58,000** and 65,000 people in Scotland with dementia, to between **102,000** and 114,000 by 2031.
- In total, an estimated **700,000** people in the UK have dementia. There will be over **one million** people with dementia in the UK by 2025.



## Chairman Launches Campaign 'Please Help Us Make A Difference'

Welcome to the very first edition of "Pine Patter".

We intend to issue our news-sheet on a regular basis to give you a flavour of the news and stories from "Pine".

At the Fundraising Social event on March 14th 2009, Chairman of the EKDCG Mr John Vance formally launched the **'Please Help Us Make A Difference'** campaign.

This campaign is aimed at both raising awareness of our Group, and is also a direct appeal to secure funds that will allow us not only to sustain the care provision that we provide, but to give us the opportunity to develop our service and offer increased capacity for care provision.

Mr Vance, who has been a volunteer with the Group since 2000 stated :

*"The recent publicity surrounding the Councils threat to withdraw funding has served to demonstrate the strength of support for the Dementia Carers Group within the community.*

*That public support was crucial in helping us achieve our*

*primary aim at that time, which was simply to be removed from the Councils 'Efficiency Savings' proposal. However, the hard work starts now, and yet again, public support is vital."*

Our current contract with S.L.C. expires at the end of June this year, and although we are in discussion with S.L.C. as of yet we have no guarantee that we will be offered a new contract. What we do know is that if a new care contract was offered, the income from the contract would be as it was in 2004 and **we would require to fund-raise in excess of £30,000 per annum to survive.**

We passionately believe that people with dementia deserve high quality personalised care, based in a homely setting with small numbers and high staffing ratios.

With SLC projections estimating a 51% increase in the number of people in East Kilbride with dementia, there has never been a greater need for increased person centred dementia care provision. We want to be part of the solution.

Successful fund raising activity is vital to the ongoing

survival of our Group, we firmly believe that the opportunities we offer our Service Users and their Carers are unique.

Over recent years we have steadily moved away from what is recognised as a conventional daycare centre. Our Service Users are very much a key part in deciding what they want from our Group. Our policy of providing regular trips and outings, "in-house" activities, and also evening activities that meet the needs and choices of our service users and their carers, puts our Group at the forefront of Dementia Care provision in East Kilbride.

Please consider giving this very worthwhile cause your financial support. With your help we can sustain our Group and make a difference for people with Dementia.

**Please Help Us  
Make A Difference**



Chairman John Vance launches public campaign.

## From Abbamania to Tynecastle... We Were There!

2008 saw our Service Users go on over 220 trips and outings, ranging from Luss and Loch Lomond to Fish Teas in Troon; from the Falkirk Wheel to the Alexander Brothers in concert; from the Burrell Collection to the Hampden Football Museum.

2009 has started as we mean to go on... listening to the people who use our service and responding to their suggestions!

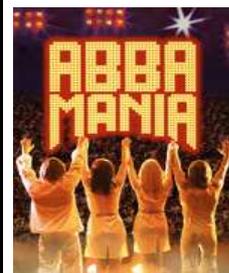
In **January and February**, we had trips to: Abbamania at the Pavillion Theatre; The Antiques Centre in Doune; Callander for fish teas; The Peoples Palace; Moncrieff church for morning tea; Chapelton Golf Range for tea and scones; Dumbarton for a Carvery lunch; the Village Centre for a wonderful coffee morning, and more.

One to one outings have included accompanying people

to the bingo, and the football at New Douglas Park and Tynecastle.

We firmly believe that people who use our service should play an active part in the community, re-kindling old memories and simply having fun!

Thank you for helping us to make it happen.



A night on the town was a special treat indeed.

## Feedback: You Talk, We Listen and Respond.

We facilitate 4-weekly Service User Forums, to allow the people who use our service to direct the care they receive.

Here are a few comments from those meetings:

*“I Wouldn’t change anything, perfectly happy with everything on offer”*

*“I enjoy the friendly company I share with the other club members”*

*“I would really miss the club if I couldn’t attend every week”.*

*“Love all trips and outings on offer at the club”.*

*“I enjoy the company of others in a relaxing, familiar atmosphere”.*

*“I love all trips and outings”.*

*Do you have any comments or suggestions? We would love to hear from you if you do.*

## Carers Support Group: You care – we care

As our Group was originally formed by Carers, we regard supporting Carers as an important part of our service provision.

We have an active Carers

Support Group, which meets first Tuesday of every month at 7pm, generally in our day-care centre.

These meetings are open to anyone who would like to

attend, and are a mixture of Informal meetings, Guest speakers, and Social evenings; each aimed to inform and support Carers of people with dementia.

*Full details of speakers and events available on website or from office.*

**Comments, suggestions or requests for Issue 2 of Pine Patter? We would love to hear from you. Please e-mail, phone or write in with your ideas.**

**Check us out on the web:**

[www.dementiacarers.co.uk](http://www.dementiacarers.co.uk)

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